

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-703(xiv)
Name of the paper : Game of Specialization-Volleyball
Semester : I-December-2024

Duration: 3 Hours

Maximum Marks: 50 Marks

Instructions for students

Attempt any five questions. All questions carry equal marks

- Q.1 Explain in detail the modern trends and development in game of Volleyball (10)
- Q.2 Define the warming up and explain its effect in performance of players in the game. (10)
- Q.3 Write the duties and responsibilities of first referee in game of volleyball. (10)
- Q.4 Explain in detail any five drills for skill development of Blocking technique. (10)
- Q.5 List down the specific fitness components required in Volleyball and discuss any one of them in detail. (10)
- Q.6 Define the confederations in volleyball and explain its functions for development of volleyball. (10)
- Q.7 Write in details the process of selection of a team and conduct of camp. (10)
- Q.8 Write short notes any two of the following:- 5+5= (10)
- a) Constitution of VFI.
 - b) Video analysis.
 - c) Coaching points.
 - d) AAPHER youth fitness test